

SCOUTING GUIDE BOOK



Football
Creatives.

SPORTIVATE



Welcome to EURO 11!

Hey Future Football Stars!

We are so excited that you're here with us for the Euro 11 scouting event. You might be wondering, "Why are we doing this?" Well, let us explain!

Why Are We Doing This?

Football Creatives believes that there is amazing football talent right here in Kerala. We want to help young players like you get the chance to show off your skills and grow into even better footballers. We know that Kerala has what it takes to produce the next big stars in football, and we're here to find and support you.

What Does This Mean for You?

This is a fantastic opportunity for you to play football at a high level, learn from experienced coaches, and **possibly represent Kerala and India in a big tournament in Italy**. Imagine playing under the banner of Inter Milan, a world-class football club! Whether you are selected or not, this event is a huge step in your football journey.

Why this is a great opportunity!



Showcase Your Talent: Let your skills shine in front of top coaches and scouts.



Learn and Improve: Gain valuable tips and training to become a better player.



Make New Friends: Meet other football lovers and make lasting friendships.



Have Fun: Enjoy playing the sport you love with people who share your passion.



Remember, It's Just the Beginning

Whether you are selected for the final team or not, this is just the beginning of your football journey. Every match you play, every drill you practice, and every lesson you learn makes you a better player. Use this experience to grow, improve, and keep pushing towards your dreams.

So, lace up your boots, give it your best shot, and enjoy every moment. We're here to support you every step of the way.

Good luck and have fun!
The Euro 11 Team

Stay Healthy & Fit

EXERCISE REGULARLY

Ensure you get 7-9 hours of sleep each night to allow your body to recover.

HEALTHY DIET

Eat balanced meals rich in proteins, carbs, and vitamins to fuel your body.

HYDRATION

Drink plenty of water to stay hydrated, especially on the days leading up to the event.



Rest & Recovery

ADEQUATE SLEEP

Ensure you get 7-9 hours of sleep each night to allow your body to recover.

REST DAYS

Incorporate rest days in your training schedule to prevent burnout and injuries.



Pack Your Kit

ESSENTIAL EQUIPMENT

Bring your boots, shin guards, socks, and appropriate jersey.

EXTRAS

Carry a water bottle, umbrella, towel, and a change of clothes



IDENTIFICATION

Have your ID and any required documents. (Aadhar Card, Birth Certificate etc.) Be very careful not to lose it.

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Mental Preparation

POSITIVE MINDSET

Stay positive and confident in your abilities.

VISUALISATION

Visualise your performance and how you will tackle different situations on the field.



Positioning & Versatility

KNOW YOUR POSITION

Understand your primary position and its responsibilities.

BE VERSATILE

Be open to playing different positions if required. Flexibility can be a significant advantage.



Skills & Techniques

BALL CONTROL

Practice dribbling, passing, and shooting regularly.

TACTICS

Understand basic football tactics and game strategies.

FITNESS

Ensure you are in top physical condition to handle the demands of the game.



Attitude & Respect

BE KIND

Treat everyone, including coaches and fellow players, with kindness.

RESPECT

Show respect for the game, the coaches, and your teammates.

POSITIVE ATTITUDE

Maintain a positive attitude, even when faced with challenges.



Discipline

PUNCTUALITY

Arrive on time for the event and any pre-scouting meetings.

FOCUS

Stay focused during drills and games. Avoid unnecessary distractions.

ADHERENCE TO RULES

Follow all instructions and guidelines provided by the coaches.



Trial Day Preparation

WARM-UP

Perform a thorough warm-up to get your body ready for intense activity.

COOL DOWN

Don't forget to cool down and stretch after the event to aid recovery.



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Follow-Up

FEEDBACK

Seek feedback from coaches on your performance.

REFLECTION

Reflect on your performance and identify areas for improvement.

STAY CONNECTED

Network with coaches and fellow players for future opportunities.





www.footballfestival.in/euro11

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